



LOCAL

COMMUNITY SERVICE COMPETITION

SOUTHEASTERN REGION OF SIGMA GAMMA RHO SORORITY INC.

UNDERGRADUATE DEVELOPMENT

This competition encourages undergraduate leaders to document the service they are already doing, as well as, make use of the national community service reporting tool. As a result, sorors have the opportunity to win prizes that will be dispersed at regional conference

List of Potential Service Events

- Organize a 5k or similar event like an awareness walk
- Host a “Make Your Own” workshop towards mental health awareness like Self Care Kits, Reaffirmation quote, Stress reliever art, etc
- Host a physical activity class like Pilates, Yoga, Hip Hop, Zumba, etc
- Set up a “Small Acts of Kindness” table and hand out encouraging notes during finals week
- Partner with another sorority to promote mental health resources
- Have a stress management program in conjunction with your health center
- Host a meditation class
- Host a study skills/tips forum to teach students how to decrease their stress during finals week and exams
- Host a Free Hugs Day

List of Potential Service Events

(continued)

- Set up a joint program with your school (or local) nutritionist to discuss how to create and sustain healthy eating habits on a college budget.
- Pet Party: Invite your campus to event with service animals, this may be an opportunity to partner with your local animal shelter, as well.

Rankings



Rhoyle Chapter - 50pts



Golden Chapter - 100pts



Σupreme Chapters- 122+ pts

Rubric

	1 Points	3 Points	5 Points	Points Earned
Community Attendance	<i><15 attendees</i>	<i>15-30 attendees</i>	<i>30< attendees</i>	
Marketing	<i>Photos only</i>	<i>Photos & Social Media</i>	<i>Photos & Social Media, shared with region</i>	
*Charitable Donations	<i>< \$50</i>	<i>\$51- \$121</i>	<i>< \$121</i>	
Chapter Participation	<i><25%</i>	<i>25 - 50%</i>	<i>51-100%</i>	
<i>All scores are contingent upon chapters documenting their service in the reporting tool</i>			TOTAL POINTS	

**** If no charitable donations were given, this category does not apply to the event. As a result, no points will be earned from this category***

Guidelines

- Chapters are to score themselves for each community service project they participate in.
- It is advised that each chapter maintain an excel sheet to submit as documentation for each event. However, other methods for recording can be submitted, upon approval from the Youth Services Coordinator.
- If documentation has not been made on the community service reporting tool, all points become invalid. As a result, that chapter will no longer be placed in the running for prizes
- Charitable donation is not a requirement of participating in this competition, however, not doing so will mean no points for that category.
- All submissions for this competition must be turned in by **March 1st** to the Youth Services Coordinator by email.
- Chapters are only about to make a max of **20 points** per event.
- Any questions about the competition can also be directed to the Youth Services Coordinator.

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